



Stewart Fitness presents the Elite Performance Tanning 2022 NPC CHARLOTTE CUP

April 15-16, 2022 - Charlotte, NC
An NPC Sanctioned Event



CROSSOVERS ALLOWED FOR ALL DIVISIONS!
ALL CLASSES AWARDED 1ST-5TH. "OVERALL" WINNER AWARDED IN OPEN DIVISIONS ONLY.

OPEN MEN'S BODYBUILDING

___ Bantamweight - Up to 143^{1/4}
___ Lightweight - 143^{1/2} - 154^{1/4}
___ Middle Weight - 154^{1/2} - 176^{1/4}
___ Lightheavy - 176^{1/2} - 198^{1/4}
___ Heavyweight - 198^{1/2} - 225^{1/4}
___ Superheavy - 225^{1/2} & Over

NOVICE MEN'S BODYBUILDING

___ Lightweight - Up to 176^{1/4}
___ Heavyweight - Over 176^{1/4}

TRUE NOVICE MEN'S BODYBUILDING

___ Lightweight - Up to 176^{1/4}
___ Heavyweight - Over 176^{1/4}

TEENAGE MEN'S BODYBUILDING

___ One Class

MASTERS MEN'S BODYBUILDING 35+

___ Lightweight - Up to 176^{1/4}
___ Heavyweight - Over 176^{1/4}

MASTERS MEN'S BODYBUILDING 40+

___ Lightweight - Up to 176^{1/4}
___ Heavyweight - Over 176^{1/4}

MASTERS MEN'S BODYBUILDING 50+

___ 1 Class

MASTERS MEN'S BODYBUILDING 60+

___ One Class

OPEN WOMEN'S BODYBUILDING

___ One Class

MASTERS WOMEN'S BODYBUILDING 35+

___ One Class

OPEN FIGURE

___ Class A - Up to 5'2
___ Class B - Over 5'2 - 5'4
___ Class C - Over 5'4 - 5'6
___ Class D - Over 5'6

NOVICE FIGURE

___ Class A - Up to 5'4
___ Class B - Over 5'4

TRUE NOVICE FIGURE

___ Class A - Up to 5'4
___ Class B - Over 5'4

MASTERS FIGURE 35+

___ Class A - Up to 5'4
___ Class B - Over 5'4

MASTERS FIGURE 40+

___ One Class

MASTERS FIGURE 45+

___ One Class

MASTERS FIGURE 50+

___ One Class

OPEN MEN'S CLASSIC PHYSIQUE

___ Class A - Up to 5'7
___ Class B - Over 5'7 - 5'10
___ Class C - Over 5'10

NOVICE CLASSIC PHYSIQUE

___ Class A - Up to 5'9
___ Class B - Over 5'9

TRUE NOVICE CLASSIC PHYSIQUE

___ One Class

MASTERS CLASSIC PHYSIQUE 35+

___ Class A - Up to 5'9
___ Class B - Over 5'9

MASTERS CLASSIC PHYSIQUE 40+

___ Class A - Up to 5'9
___ Class B - Over 5'9

MASTERS CLASSIC PHYSIQUE 50+

___ Class A - Up to 5'9***
___ Class B - Over 5'9***

OPEN BIKINI

___ Class A - Up to 5'2
___ Class B - Over 5'2 - 5'4
___ Class C - Over 5'4 - 5'6
___ Class D - Over 5'6

NOVICE BIKINI

___ Class A - Up to 5'4
___ Class B - Over 5'4

TRUE NOVICE BIKINI

___ Class A - Up to 5'4
___ Class B - Over 5'4

MASTERS BIKINI 35+

___ Class A - Up to 5'4
___ Class B - Over 5'4

MASTERS BIKINI 40+

___ One Class

MASTERS BIKINI 45+

___ One Class

MASTERS BIKINI 50+

___ One Class

OPEN MEN'S PHYSIQUE

___ Class A - Up to 5'6
___ Class B - Over 5'6 - 5'8
___ Class C - Over 5'8 - 5'10
___ Class D - Over 5'10

NOVICE MEN'S PHYSIQUE

___ Class A - Up to 5'8
___ Class B - Over 5'8

TRUE NOVICE MEN'S PHYSIQUE

___ Class A - Up to 5'8
___ Class B - Over 5'8

MASTERS MEN'S PHYSIQUE 35+

___ Class A - Up to 5'8
___ Class B - Over 5'8

MASTERS MEN'S PHYSIQUE 40+

___ Class A - Up to 5'8
___ Class B - Over 5'8

MASTERS MEN'S PHYSIQUE 50+

___ One Class

OPEN WOMEN'S PHYSIQUE

___ Class A - Up to 5'6
___ Class B - Over 5'6

TRUE NOVICE WOMEN'S PHYSIQUE

___ Class A - Up to 5'4
___ Class B - Over 5'4

MASTERS WOMEN'S PHYSIQUE 35+

___ Class A - Up to 5'6
___ Class B - Over 5'6

OPEN FITNESS

___ One Class

OPEN WELLNESS

___ Class A - Up to 5'4
___ Class B - Over 5'4

TRUE NOVICE WELLNESS

___ Class A - Up to 5'4
___ Class B - Over 5'4

MASTERS WELLNESS 35+

___ Class A - Up to 5'4
___ Class B - Over 5'4

MASTERS WELLNESS 40+

___ One Class

EVENT INFORMATION

ENTRY FEES

- If Entered On or Before April 1, 2022 - \$100
- If Entered After April 1, 2022 - \$125
- Crossovers - \$100 / \$125 (Late)

Enter Online at www.JohnnyStewartProductions.com

NPC CARDS

- Must have 2022 NPC Card to compete
- NPC Cards available for purchase at weigh-ins or online at www.NPCNewsOnline.com for \$135.
- Must show proof of purchase (Screen Shot's Allowed)

WEIGH IN'S - All NPC Classes and Divisions

- Thursday April 14, 2022 5:00pm - 7:00pm
- Location: Charlotte Convention Center- Room TBD
- Athletes Meeting: 8:30am - 9:00am on your competition date

COMPETITION SCHEDULE

Friday	Saturday
Prejudging: 9am / Finals: 5pm	Prejudging: 9am / Finals: 5pm
Order Subject to Change	Order Subject to Change
IFBB Pro Men's Physique	IFBB Pro Bikini
NPC Fitness	NPC Men's Bodybuilding
NPC Figure	NPC Classic Physique
NPC Women's Physique	NPC Wellness
NPC Women's Bodybuilding	NPC Bikini
NPC Men's Physique	

HOST HOTEL

Hilton Garden Inn
508 E Martin L. King Jr Blvd, Charlotte, NC 28202
Make Reservations by April 3, 2022 & mention "The Charlotte Cup"
Links Available online at www.JohnnyStewartProductions.com

CONTEST VENUE

Charlotte Convention Center - Hall C
501 S College St, Charlotte, NC 28202

TICKETS (Per Day)

General Admission	VIP Seating
Prejudging/Finals: \$55 each	Prejudging/Finals: \$65 each
All Day Pass: \$95	All Day Pass: \$115

- Coaches Passes: \$100 (Must be a Ticket Holder)

Tickets Available at the Door and Online at www.JohnnyStewartProductions.com

This is expected to be a sellout event so it is recommended to purchase tickets online prior to arrival.

MUSIC

Music required ONLY for Bodybuilding, Fitness, Women's Physique & Classic Men's Physique.
After completing payment, all Athletes receive a confirmation email from Muscwear. If applicable for your category, confirmation emails include a link you can use to upload your posing routine music (mp3 files only). Muscwear online posing routine music uploading will remain open until Wednesday evening before the event. All Athletes who have not uploaded their posing routine music must bring it in on a CD or USB drive.

COMPETITION SUITS

*Competition suits must be worn at weigh-ins
*No "T" back suits.
*Bikini suits must be in good taste. Minimum 50% glute coverage.
*Bikini Competitors - It is recommended you bring 2 suits.
*Approved & Official Classic Physique Shorts: www.npc-wear.com

ELIGIBILITY

Crossovers available to compete in all divisions & categories in which they qualify.
- Open - Open to any NPC Athlete
- Novice - An NPC athlete that has never placed first in their class in a novice, masters or open contest.
- Masters - Must be at least 35, 40, 45, 50 or 60 years of age or older as of April 15, 2022
- True Novice - For first time NPC competitors only.
- Teen - Eligible from 16 years old until the day prior to 20th birthday. Must be at least 16 years old to compete

COMPETITION TANNING, MAKEUP & HAIR SERVICES

Elite Performance Tanning
A Licensed Pro Tan® Affiliate
www.ElitePerformanceTanning.com



For the Convenience of the Athletes, Elite Performance Tanning will be located at the Host Hotel providing tanning services and backstage at the competition venue providing touchups, oil & Bikini Bite® services.

To Schedule your Competition Tanning Services please visit them online at www.ElitePerformanceTanning.com

FOR MORE INFORMATION ON THE 2022 NPC CHARLOTTE CUP PLEASE VISIT:

www.JohnnyStewartProductions.com

For official division judging criteria, including Classic Physique Height & Weight Requirements please visit our NPC National Website:

www.NPCNewsOnline.com