



Stewart Fitness presents the  
**2021 NPC STEWART FITNESS CHAMPIONSHIPS**  
 September 18, 2021- High Point, SC  
 An NPC Sanctioned Event



**DIVISIONS**

**OPEN MEN'S BB**

- 1st - 5th & Overall
- \_\_\_ Bantamweight - Up to 143<sup>1/4</sup>
- \_\_\_ Lightweight - 143<sup>1/2</sup> - 154<sup>1/4</sup>
- \_\_\_ Middle Weight - 154<sup>1/2</sup> - 176<sup>1/4</sup>
- \_\_\_ Lighthheavy - 176<sup>1/2</sup> - 198<sup>1/4</sup>
- \_\_\_ Heavyweight - 198<sup>1/2</sup> - 225<sup>1/4</sup>
- \_\_\_ Superheavy - 225<sup>1/2</sup> & Over

**NOVICE MEN'S BB**

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

**TRUE NOVICE MEN'S BB**

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

**TEENAGE MEN'S BB**

- \_\_\_ One Class 1st - 5th

**MASTERS MEN'S BB 35+**

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

**MASTERS MEN'S BB 40+**

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

**MASTERS MEN'S BB 50+**

- \_\_\_ 1 Class - 1st - 5th

**MASTERS MEN'S BB 60+**

- \_\_\_ One Class - 1st - 5th

**OPEN WOMEN'S BB**

- \_\_\_ One Class 1st - 5th

**MASTERS WOMEN'S BB 35+**

- \_\_\_ One Class 1st - 5th

**OPEN FIGURE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'2"
- \_\_\_ Class B - Over 5'2" - 5'4"
- \_\_\_ Class C - Over 5'4" - 5'6"
- \_\_\_ Class D - Over 5'6"

**NOVICE FIGURE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**TRUE NOVICE FIGURE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**MASTERS FIGURE 35+**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**MASTERS FIGURE 40+**

- \_\_\_ One Class 1st - 5th

**MASTERS FIGURE 45+**

- \_\_\_ One Class 1st - 5th

**MASTERS FIGURE 50+**

- \_\_\_ One Class 1st - 5th

**OPEN MEN'S CLASSIC PHYSIQUE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'7\*\*\*\*
- \_\_\_ Class B - Over 5'7" - 5'10\*\*\*\*
- \_\_\_ Class C - Over 5'10\*\*\*\*

**NOVICE CLASSIC PHYSIQUE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'9\*\*\*\*
- \_\_\_ Class B - Over 5'9\*\*\*\*

**TRUE NOVICE CLASSIC PHYSIQUE**

- \_\_\_ One Class 1st - 5th\*\*\*\*

**MASTERS CLASSIC PHYSIQUE 35+**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'9\*\*\*\*
- \_\_\_ Class B - Over 5'9\*\*\*\*

**MASTERS CLASSIC PHYSIQUE 40+**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'9\*\*\*\*
- \_\_\_ Class B - Over 5'9\*\*\*\*

**MASTERS CLASSIC PHYSIQUE 50+**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'9\*\*\*\*
- \_\_\_ Class B - Over 5'9\*\*\*\*

**OPEN BIKINI**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'2"
- \_\_\_ Class B - Over 5'2" - 5'4"
- \_\_\_ Class C - Over 5'4" - 5'6"
- \_\_\_ Class D - Over 5'6"

**NOVICE BIKINI**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**TRUE NOVICE BIKINI**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**MASTERS BIKINI 35+**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**MASTERS BIKINI 40+**

- \_\_\_ One Class 1st - 5th

**MASTERS BIKINI 45+**

- \_\_\_ One Class 1st - 5th

**MASTERS BIKINI 50+**

- \_\_\_ One Class 1st - 5th

**OPEN MEN'S PHYSIQUE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'6"
- \_\_\_ Class B - Over 5'6" - 5'8"
- \_\_\_ Class C - Over 5'8" - 5'10"
- \_\_\_ Class D - Over 5'10"

**NOVICE MEN'S PHYSIQUE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'8"
- \_\_\_ Class B - Over 5'8"

**TRUE NOVICE MEN'S PHYSIQUE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'8"
- \_\_\_ Class B - Over 5'8"

**MASTERS MEN'S PHYSIQUE 35+**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'8"
- \_\_\_ Class B - Over 5'8"

**MASTERS MEN'S PHYSIQUE 40+**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'8"
- \_\_\_ Class B - Over 5'8"

**MASTERS MEN'S PHYSIQUE 50+**

- \_\_\_ One Class 1st - 5th

**OPEN WOMEN'S PHYSIQUE**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'6"
- \_\_\_ Class B - Over 5'6"

**TRUE NOVICE WOMEN'S PHYSIQUE**

- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**MASTERS WOMEN'S PHYSIQUE 35+**

- \_\_\_ One Class 1st - 5th

**OPEN FITNESS**

- \_\_\_ One Class 1st - 5th

**OPEN WELLNESS**

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

**TRUE NOVICE WELLNESS**

- \_\_\_ One Class 1st - 5th

**MASTERS WELLNESS 35+**

- \_\_\_ One Class 1st - 5th

**MASTERS WELLNESS 40+**

- \_\_\_ One Class 1st - 5th

**EVENT INFO**

**ENTRY FEES**

- Post Marked On or Before September 4, 2021 - \$100
- Post Marked After September 4, 2021 - \$125
- Crossovers - \$100 / \$125 (Late)

Make Money Order (Only form of prepayment) Payable to:

Johnny Stewart  
 15515 Balingglass Court  
 Charlotte, NC 28273

Only Money Orders or Cash Taken Day of Show

**NPC CARDS**

- Must have 2021 NPC Card to compete
- NPC Cards available for purchase at weigh-ins or online at [www.NPCNewsOnline.com](http://www.NPCNewsOnline.com) for \$125. Must show proof of purchase if purchased online.
- NPC Cards may be purchased the day of the show by CASH or CHECK only.

**SCHEDULE OF EVENTS**

- Early Weigh-Ins: Friday September 25, 2020
- 5:00pm - 7:00pm: Courtyard Marriott (Host Hotel)
- NO SATURDAY CHECK-IN'S**
- Athletes Meeting: 8:30am - 9:00am
- Prejudging Begins: 10:00am

To promote social distancing, the competition will be held in block or "phases" consisting of 1-3 divisions of competition in each. Each phase will consist of both a "prejudging" and "finals" portion. Please visit [www.JohnnyStewartProductions.com](http://www.JohnnyStewartProductions.com) for more information and a breakdown of each "phase"

**HOST HOTEL**

Courtyard Marriott  
 1000 Mall Loop Rd  
 High Point, NC 27262  
 Reservation Discount Code: "Stewart Fitness 2021"

**HOST HOTEL**

High Point Theatre  
 220 E Commerce Ave  
 High Point, NC 27260

**Masks mandates and other restrictions may be in place if required by local law.**

**TICKETS**

**ONE BIG DAY - 4 GREAT SHOWS**

- 4 Phases. More Info online at [www.JohnnyStewartProductions.com](http://www.JohnnyStewartProductions.com)
- \$35 per phase (see website for details on phases and event order. Taxes & fees may apply)
- Discount available for multi phase ticket purchase
- **ALL DAY PASSES AVAILABLE**
- Tickets Available at the Door and Online at [www.JohnnyStewartProductions.com](http://www.JohnnyStewartProductions.com)
- Coaches Passes: \$50 (Must be a Ticket Holder)

**RULES**

- \*All contestants must supply their own music.
- Music required ONLY for Bodybuilding, Fitness, Women's Physique & Classic Mens Physique
- \*Posing music must be on a CD & brought to checkins on Friday night.
- \*Posing Music for finals must be no longer than 60 seconds
- \*Music must be at the beginning of the CD & contain no vulgarity.
- \*Music is not used during prejudging.
- \*Please have music files as the sole file on a CD complete with your name, contest name & divisions of competition.
- \*Competition suits must be worn at weigh-ins
- \*No "T" back suits.
- \*Bikini suits must be in good taste. Minimum 50% glute coverage.
- \*Bikini Competitors - It is recommended you bring 2 suits.
- \*Approved & Official Classic Physique Shorts: [www.npc-wear.com](http://www.npc-wear.com)

**ELIGIBILITY**

*Crossovers available to compete in all divisions & categories in which they qualify.*

- **Open** - Open to any NPC Athlete
- **Novice** - An NPC athlete that has never placed first in their class in a novice, masters or open contest.
- **Masters** - Must be at least 35, 40, 45, 50 or 60 years of age or older as of September 14, 2021 (Proof of Age Required)
- **True Novice** - For first time NPC competitors only.

**TANNING, MAKEUP & HAIR**

Elite Performance Tanning  
[www.ElitePerformanceTanning.com](http://www.ElitePerformanceTanning.com)  
 Chris Hollingsworth - 910.264.9182



**FOR MORE INFO PLEASE VISIT:**

- [www.JohnnyStewartProductions.com](http://www.JohnnyStewartProductions.com)
- Johnny Stewart - 704.449.5603 - [stewartfitness@yahoo.com](mailto:stewartfitness@yahoo.com)
- Sanders Armstrong - 704.560.4637