



Stewart Fitness presents the Elite Performance Tanning

# 2020 NPC CHARLOTTE CUP

July 18, 2020 - Columbia, SC  
An NPC Sanctioned Event - #3524



## DIVISIONS

### CROSSOVERS ALLOWED FOR ALL DIVISIONS & CLASSES

#### OPEN MEN'S BB

- 1st - 5th & Overall
- \_\_\_ Bantamweight - Up to 143<sup>1/4</sup>
- \_\_\_ Lightweight - 143<sup>1/2</sup> - 154<sup>1/4</sup>
- \_\_\_ Middle Weight - 154<sup>1/2</sup> - 176<sup>1/4</sup>
- \_\_\_ Lightheavy - 176<sup>1/2</sup> - 198<sup>1/4</sup>
- \_\_\_ Heavyweight - 198<sup>1/2</sup> - 225<sup>1/4</sup>
- \_\_\_ Superheavy - 225<sup>1/2</sup> & Over

#### NOVICE MEN'S BB

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

#### TRUE NOVICE MEN'S BB

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

#### TEENAGE MEN'S BB

- \_\_\_ One Class 1st - 5th

#### MASTERS MEN'S BB 35+

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

#### MASTERS MEN'S BB 40+

- 1st - 5th & Overall
- \_\_\_ Lightweight - Up to 176<sup>1/4</sup>
- \_\_\_ Heavyweight - Over 176<sup>1/4</sup>

#### MASTERS MEN'S BB 50+

- \_\_\_ 1 Class - 1st - 5th

#### MASTERS MEN'S BB 60+

- \_\_\_ One Class 1st - 5th

#### OPEN WOMEN'S BB

- \_\_\_ One Class 1st - 5th

#### OPEN FIGURE

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'2"
- \_\_\_ Class B - Over 5'2" - 5'4"
- \_\_\_ Class C - Over 5'4" - 5'6"
- \_\_\_ Class D - Over 5'6"

#### NOVICE FIGURE

- \_\_\_ One Class - 1st - 5th

#### TRUE NOVICE FIGURE

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

#### MASTERS FIGURE 35+

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

#### MASTERS FIGURE 40+

- \_\_\_ One Class 1st - 5th

#### MASTERS FIGURE 45+

- \_\_\_ One Class 1st - 5th

#### MASTERS FIGURE 50+

- \_\_\_ One Class 1st - 5th

#### OPEN MEN'S CLASSIC PHYSIQUE

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'7\*\*\*
- \_\_\_ Class B - Over 5'7" - 5'10\*\*\*
- \_\_\_ Class C - Over 5'10\*\*\*

#### NOVICE CLASSIC PHYSIQUE

- \_\_\_ One Class 1st - 5th\*\*\*

#### TRUE NOVICE CLASSIC PHYSIQUE

- \_\_\_ One Class 1st - 5th\*\*\*

#### MASTERS CLASSIC PHYSIQUE 35+

- \_\_\_ One Class 1st - 5th\*\*\*
- All Height & Weight Limits Apply

#### OPEN BIKINI

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'2"
- \_\_\_ Class B - Over 5'2" - 5'4"
- \_\_\_ Class C - Over 5'4" - 5'6"
- \_\_\_ Class D - Over 5'6"

#### NOVICE BIKINI

- \_\_\_ One Class - 1st - 5th

#### TRUE NOVICE BIKINI

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4" - 5'6"
- \_\_\_ Class C - Over 5'6"

#### TEEN BIKINI

- \_\_\_ One Class - 1st - 5th

#### MASTERS BIKINI 35+

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

#### MASTERS BIKINI 40+

- \_\_\_ One Class 1st - 5th

#### MASTERS BIKINI 45+

- \_\_\_ One Class 1st - 5th

#### OPEN MEN'S PHYSIQUE

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'6"
- \_\_\_ Class B - Over 5'6" - 5'8"
- \_\_\_ Class C - Over 5'8" - 5'10"
- \_\_\_ Class D - Over 5'10"

#### NOVICE MEN'S PHYSIQUE

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'8"
- \_\_\_ Class B - Over 5'8"

#### TRUE NOVICE MEN'S PHYSIQUE

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'7"
- \_\_\_ Class B - Over 5'7" - 5'10"
- \_\_\_ Class C - Over 5'10"

#### TEEN PHYSIQUE

- \_\_\_ One Class 1st - 5th

#### MASTERS MEN'S PHYSIQUE 35+

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'8"
- \_\_\_ Class B - Over 5'8"

#### MASTERS MEN'S PHYSIQUE 40+

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'8"
- \_\_\_ Class B - Over 5'8"

#### MASTERS MEN'S PHYSIQUE 50+

- \_\_\_ One Class 1st - 5th

#### OPEN WOMEN'S PHYSIQUE

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'6"
- \_\_\_ Class B - Over 5'6"

#### TRUE NOVICE WOMEN'S PHYSIQUE

- \_\_\_ One Class 1st - 5th

#### MASTERS WOMEN'S PHYSIQUE 35+

- \_\_\_ One Class 1st - 5th

#### OPEN FITNESS

- \_\_\_ One Class 1st - 5th

#### OPEN WELLNESS

- 1st - 5th & Overall
- \_\_\_ Class A - Up to 5'4"
- \_\_\_ Class B - Over 5'4"

#### TRUE NOVICE WELLNESS

- \_\_\_ One Class 1st - 5th

#### MASTERS WELLNESS 35+

- \_\_\_ One Class 1st - 5th

NEW DIVISION

NEW DIVISION

NEW DIVISION

## EVENT INFO

### ENTRY FEES

- Post Marked On or Before July 4, 2020 - \$100
- Post Marked After July 4, 2020 - \$125
- Crossovers - \$100

Make Money Order (Only form of prepayment) Payable to:

Johnny Stewart  
15515 Balingglass Court  
Charlotte, NC 28273

Only Money Orders or Cash Taken Day of Show

### NPC CARDS

- Must have 2020 NPC Card to compete
- NPC Cards available for purchase at weigh-ins or online at [www.NPCNewsOnline.com](http://www.NPCNewsOnline.com) for \$135. Must show proof of purchase if purchased online.
- NPC Cards may be purchased the day of the show by CASH or CHECK only.

### SCHEDULE OF EVENTS

- Early Weigh-In's: Friday July 17, 2020  
5:00pm - 8:00pm - Hilton Columbia Center (Host Hotel)
- Final Weigh-In's: Saturday July 18, 2020  
7:30am - 8:30am on Stage at the Columbia Metropolitan Convention Center
- Athletes Meeting: 8:30am - 9:00am

FULL MODIFIED EVENT SCHEDULE AVAILABLE ONLINE AT  
[www.JOHNNYSTEWARTPRODUCTIONS.com](http://www.JOHNNYSTEWARTPRODUCTIONS.com)

### HOST HOTEL

Hilton Columbia Center  
924 Senate St, Columbia, SC 29201  
(803) 744-7800

or visit [www.JohnnyStewartProductions.com](http://www.JohnnyStewartProductions.com)

Make Reservations by June 17 & mention "The Charlotte Cup"

### CONTEST VENUE

Columbia Metropolitan Convention Center  
1101 Lincoln St, Columbia, SC 29201

### TICKETS

- \$35 per phase (see website for details on phases and event order)
- Discount available for multi phase ticket purchase
- Tickets Available at the Door and Online at [www.JohnnyStewartProductions.com](http://www.JohnnyStewartProductions.com)
- Coaches Passes: \$50 (Must be a Ticket Holder)

### RULES

- \*All contestants must supply their own music.
- Music required ONLY for Bodybuilding, Fitness, Women's Physique & Classic Mens Physique
- \*Posing music must be on a CD & brought to checkins on Friday night.
- \*Posing Music for finals must be no longer than 60 seconds
- \*Music must be at the beginning of the CD & contain no vulgarity.
- \*Music is not used during prejudging.
- \*Please have music files as the sole file on a CD complete with your name, contest name & divisions of competition.
- \*Competition suits must be worn at weigh-ins
- \*No "T" back suits.
- \*Bikini suits must be in good taste. Minimum 50% glute coverage.
- \*Bikini Competitors - It is recommended you bring 2 suits.
- \*Approved & Official Classic Physique Shorts: [www.npc-wear.com](http://www.npc-wear.com)

### ELIGIBILITY

Crossovers available to compete in all divisions & categories in which they qualify.

- **Open** - Open to any NPC Athlete
- **Novice** - An NPC athlete that has never placed first in their class in a novice, masters or open contest.
- **Masters** - Must be at least 35, 40, 45, 50 or 60 years of age or older as of July 18, 2020 (Proof of Age Required)
- **True Novice** - For first time NPC competitors only.
- **Teen** - Eligible from 16 years old until the day prior to 20th birthday. Must be at least 16 years old to compete (Proof of Age Required)

### TANNING, MAKEUP & HAIR

Elite Performance Tanning  
[www.ElitePerformanceTanning.com](http://www.ElitePerformanceTanning.com)  
Chris Hollingsworth - 910.264.9182



### FOR MORE INFO PLEASE VISIT:

- [www.JohnnyStewartProductions.com](http://www.JohnnyStewartProductions.com)
- Johnny Stewart - 704.449.5603 - [stewartfitness@yahoo.com](mailto:stewartfitness@yahoo.com)
- Jessica Stewart - 843.453-0064 - [jessicastewart386@yahoo.com](mailto:jessicastewart386@yahoo.com)
- Sanders Armstrong - 704.560.4637

For official division judging criteria please visit our NPC National Website:  
[www.NPCNewsOnline.com](http://www.NPCNewsOnline.com)